

INTRODUCING NEW PERSONAL TRAINING PROGRAMS

3 Reasons to get Personal Training



1

Better Results

2

A Certified Personal Trainer guiding you personally

3

Keeps you motivated with constant improvements and education to keep you coming

Take your Fitness to the Next Level . . .

Over and Beyond Fitness Instruction

Sign Up Today and a Personal Trainer will Contact You.

Pick the program that best suits you!



___	1 Private Session	\$ 50
___	3 Intro Sessions	\$ 99
___	Group Session (4-6 people)	\$ 20

Name _____ Phone # _____ Day/Time _____ / _____

• 24 Hour Notice of Cancellation • Prepaid at time of Appointment • By Appointment Only with Certified Approved Personal Trainer
A service of Victory Plus at www.victoryplus.org at Victory Fitness Center.